

# PAUL CLOUGH NLP & HYPNOSIS TRAININGS

## Accelerate your Personal Growth and become a NLP Practitioner in 8 days *with certification in Hypnosis*

Neuro-Linguistic Programming (NLP) studies the structure of how humans think and experience the world. From these models and techniques we can quickly and effectively change thoughts, behaviours and beliefs that limit us and others.

### WHY learn NLP in just 8 days with Paul Clough?

NLP will take you on the journey of a lifetime and you will come back trained in the latest transformational techniques of Neuro Linguistic Programming, Time Line Therapy™ and Hypnosis, along with certification in all three areas.

How would you want to make a difference in the world?

### *You will learn to enhance and improve*

#### Relationships – Health - Career

I purposely limit the number of attendees on my courses to allow you to truly express yourself while having contact with myself and my assistants at all times.

**NLP will show you the 'How'** of how to discover your abilities to achieve success and results, using the attributes you already have mentally, emotionally and physically to a level rarely found.

**My Practitioner Certification** training will enable you to use *NLP* techniques in all areas of life to help create the results **you** want in life, which **you** deserve!

#### **This course is invaluable to:**

- Individuals seeking improvement
- Therapists & Counsellors
- Business Coaches
- Health Professionals
- Managers/Executives
- Business Professionals
- Sport Coaches

### WHAT will I learn on the Fast track 8 Day NLP Practitioner Certification?

- ☑ Work with the beliefs of great communicators
- ☑ Learn how we communicate so you can easily understand others ways of thinking
- ☑ Work with the Mind Body Connection to enhance yours and others results
- ☑ Set goals that you can be certain to achieve

#### The science of rapport and the secret to building lasting relationships!

- ☑ Learn how to get on with anyone, however challenging their behaviour
- ☑ Get into someone's way of thinking so you can understand them better

#### The inner workings of our brains, how to get results by tapping into your senses!

- ☑ Discover how you encode your senses to achieve results with yourself and others
- ☑ Look at a persons eyes and be able to read what they are thinking inside

#### Get in control of your thinking & restructure others using the building blocks of the brain!

- ☑ Restructure yours and others thoughts to remove phobias, unwanted beliefs and old habits quickly and simply
- ☑ Alter the way you think about people, tasks, even food by changing the structure of your thoughts
- ☑ Remove and resolve internal conflicts

**Also.....**

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Use language with real purpose to communicate, answer questions and also free others from their old way of thinking!

- ☑ Work and become efficient with 'language patterns', which all great communicators use to get their messages across with ease
- ☑ Deal with objections elegantly and effectively
- ☑ Use language patterns to skilfully encourage and motivate others
- ☑ Get agreement simply in negotiations

How to empower yourself and others using naturally occurring states!

- ☑ Feel the way you want to feel, when you want to, and gain access to totally empowering states at your will
- ☑ Get rid of old limiting feelings by collapsing them
- ☑ Get out of procrastination and become motivated

**You also learn time based processes**

- ☑ Discover root cause of presenting problems
- ☑ Learn how to release negative emotions like **anger, sadness, fear, hurt and guilt** quickly and comfortably
- ☑ Delete limiting beliefs like "I can't make a lot of money" or "I'm not worthy" and any other 'can't' which hold you back
- ☑ Learn the secrets of designing your future, so that it happens in the way you want it to

**Hypnotherapy Certification**

- ☑ Learn rapid inductions
- ☑ Discover how hypnotic suggestion is all part of everyday life e.g. advertising. Then utilise this knowledge to filter out what you need to know
- ☑ Learn verbal and non-verbal suggestion – so you can control and direct conversations more effectively
- ☑ Induce trance using popular inductions therefore accessing the power of your own and your clients unconscious mind
- ☑ Utilise trance states for healing
- ☑ Structure post-hypnotic suggestions



**HOW can I learn all this in just 8 days?**

Before attending the live training you study from specially produced audio MP3 programme and carefully chosen books. The pre-study will take 50hrs, which you can do at your own convenience. During the training you'll learn and experience the latest developments and distinctions in NLP, time based processes and Hypnosis, enabling you to master them quickly and thoroughly.

**The MP3's will allow you to:**

- Get started immediately
- Accelerate your learning of NLP and find yourself integrating the information before you enter the training room
- Enjoy the benefits of immediate personal change
- Learn at your own pace

Special Discounts for joint bookings  
call Paul direct **now** for more information on

**07966 391 664**

Or email

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